
















# Activity Rota – April 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 April Fool's Day 	2 Outdoor Bowling Tournament 	3 Find a Rainbow Day - Rainbow Painting/Drawing 	4 Champagne & Strawberries 	5 Grand National Day. Board Games in Lounge 	6 Board Games in Lounge 
7 World Health Day - Spa Day 	8 Tea & Coffee Afternoon 	9 Winston Churchill Day 	10 Cheese & Wine Tasting 	11 Singer Lucy – 1pm-2pm 	12 Wordsearch & Scrabble Day on iPad 	13 Scrabble Day 

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>14</p> <p>Create Your Own Easter Eggs</p> 	<p>15</p> <p>Egg Delivery Day</p> <p>Rise Exercises – 2pm</p> 	<p>16</p> <p>Pebble Painting</p> 	<p>17</p> <p>Egg Hatch Day</p> 	<p>18</p> <p>Raffle Day.</p> <p>Cake Baking &amp; Decorating</p> 	<p>19</p> <p>Board Games in Lounge</p> 	<p>20</p> <p>Easter Sunday.</p> <p>Board Games in Lounge</p> 
<p>21</p> <p>Planting in Garden</p> 	<p>22</p> <p>Earth Day - Marigold Seed Sowing</p> 	<p>23</p> <p>St George's Day Tea Party</p> <p>Happy ST. GEORGE'S Day</p> 	<p>24</p> <p>Garden Games. Ponies – 2pm</p> 	<p>25</p> <p>5 a day – Healthy Eating</p> 	<p>26</p> <p>Pretzel Day</p> <p>NATIONAL PRETZEL DAY</p> 	<p>27</p> <p>Board Games in Lounge</p> 
<p>28</p> <p>Poetry Readings</p> 	<p>29</p> <p>Netball</p> 	<p>30</p> <p>International Jazz Day - Karaoke</p> 				

**Activities are weather permitting.  
Chair-based exercises also take place every morning on each floor.**