











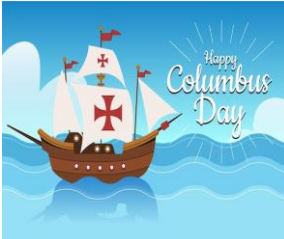




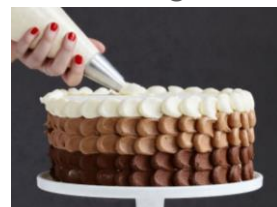



Activity Rota – October 2024



highpointcare
quality care tailored to you














Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 International Older Person Day 	2 Interactive Day on Ipad 	3 Singer – Lucy 2pm-3pm 	4 Animal Visit 2pm-3pm World Animal Day 	5 Board Games in Lounge 	6 Board Games in Lounge 
7 Room Visits 1 to 1 with residents 	8 Church Service and Holy Communion 	9 Curious Events Day 	10 Knit and Natter 	11 Walk and Talk 	12 Bingo 	13 Scrabble Tournament 
14 Columbus Day 	15 Pamper Day 	16 World Food Day 	17 Quiz 	18 Macmillan Coffee morning 	19 Cake Decorating 	20 Pebble Painting 



Activity Rota – October 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
21 Australian National Bird Week 	22 Pumpkin Putt Putt 	23 Spooky Spider Craft Day 	24 Singer – Shaun 2pm-3pm 	25 Pablo Picasso's Birthday - Painting 	26 Discussion Group 	27 Grandparents Day  HAPPY GRANDPARENTS DAY!
28 Halloween Crafts – Pumpkin Carving 	29 Decorating all floors 	30 Spooky Singalong 	31 Halloween Bingo 			



Activities are weather permitting.

Chair-based exercises also take place every morning on each floor.