## One of our delicious Sample Menus from... Colliers Croft

| Menu Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast 8.00-10.00am | Choice of Cereals, Porridge, Fruit or Yoghurt | Choice of Cereals, Porridge, Fruit or Yoghurt | Choice of Cereals, Porridge, Fruit or Yoghurt | Choice of Cereals, Porridge, Fruit or Yoghurt | Choice of Cereals, Porridge, Fruit or Yoghurt | Choice of Cereals, Porridge, Fruit or Yoghurt | Choice of Cereals, Porridge, Fruit or Yoghurt |
|  | Pre-Ordered Cooked Breakfast | Pre-Ordered Cooked Breakfast | Pre-Ordered Cooked Breakfast | Pre-Ordered Cooked Breakfast | Pre-Ordered Cooked Breakfast | Pre-Ordered Cooked Breakfast | Pre-Ordered Cooked Breakfast |
| Main Meal 12.30pm | Fish Pie | Roast Gammon | Poached Salmon with a Butter Sauce | Chicken Stew | Battered or Poached Cod | Corned Beef Hash with Savoy Cabbage and Pickled Red Cabbage | Roast Pork Roast Beef |
|  | Bacon Scallops | Fried Egg | Spanish Omelette | Minced Beef Crumble | Meat and Potato Pie |  | Mashed Potatoes, Roast <br> Potatoes, Mashed <br> Carrot/Swede, <br> Broccoli, Roasted <br> Parsnips, Yorkshire <br> Puddings, Stuffing and Gravy |
|  | White Cabbage and Broccoli | Chips, Baked Beans and Garden Peas | New Potatoes, Sweetcorn and Garden Peas | Mashed Potatoes, Green Beans and Mashed Carrot | Chips, Gravy, Baked Beans and Mushy Peas | Lasagne with Garlic Bread |  |
|  | Fruit Cocktail and Ice Cream (Alternative Available) | Apple Sponge and Custard (Alternative Available) | Butterscotch Angel Delight (Alternative Available) | Rice Pudding (Alternative Available) | Egg Custard (Alternative Available) | Cherry Eton Mess (Alternative Available) | Trifle (Alternative Available) |
| 4.30pm | Red Lentil Soup | Cream of Cauliflower Soup | Cream of Tomato Soup | Leek and Potato Soup | Broccoli Cheddar Soup | Split Pea Soup | Spring Vegetable Soup |
|  | Assorted Omelettes | Cheese on Toast | Sausage Plait | Bacon Barms | .Jacket Potatoes with Assorted Fillings | Cheese Whirls | Ploughman's Lunch |
|  | Sandwiches | Sandwiches | Sandwiches | Sandwiches | Sandwiches | Sandwiches | Sandwiches |
|  | Salad | Coleslaw and Salad | Garlic Bread | Salad | Salad | Baked Beans or Potato Wedges | Salad |
|  | Jam and Cream Scones (Alternative Available) | Jelly and Ice Cream (Alternative Available) | Victoria Sponge (Alternative Available) | Pineapple Upside-Down Cake and Custard (Alternative Available) | Ice-Cream Roll (Alternative Available) | Peaches and Whipped Cream (Alternative Available) | Chocolate Roulade (Alternative Available) |

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