

# One of our delicious Sample Menus

## Damfield Gardens

Monday

**Lunch Time (12.30)**

Buffet

Followed by Chocolate Sponge Cake

**Tea Time (4.30pm)**

Chicken & Mushroom Pie

Chicken Wrapped in Bacon, Potatoes & Vegetables

Followed by Ice Cream with Crumble Topping & Choc Sauce

Tuesday

**Lunch Time (12.30)**

Gammon & Pineapple

Beef or Cheeseburger, Chips & Peas

Followed by Apricot Crumble & Custard

**Tea Time (4.30pm)**

Cream of Cauliflower Soup & Mixed Sandwiches

Or Meat & Potato Pasties with Beans  
Followed by Jam & Cream Sponge

Wednesday

**Lunch Time (12.30)**

Sausage in Onion Gravy

Cumberland Pie, Mash & Veg

Followed by

Pineapple Upside-Down Cake

**Tea Time (4.30pm)**

Cream of Tomato Soup & Mixed Sandwiches or Prawn Cocktail

Followed by Pears & Ice Cream

Thursday

**Lunch Time (12.30)**

Poached Smoked Haddock

Roast Gammon, New Potatoes & Veg

Followed by Lemon Drizzle Cake

**Tea Time (4.30pm)**

Leek & Potato Soup &

Mixed Sandwiches or All Day Brunch

Followed by

Mandarin Jelly & Ice Cream

Friday

**Lunch Time (12.30)**

Fish, Chips & Peas

Chicken Burger, Chips & Peas

Followed by Chocolate Orange Sponge

**Tea Time (4.30pm)**

Broccoli & Cheddar Soup &

Mixed Sandwiches or

Tuna & Sweetcorn Pasta Bake

Followed by Ice Cream & Sauce

Saturday

**Lunch Time (12.30)**

Hot Pot, Bacon & Scallops with Savoy

Cabbage and Red Cabbage

Followed by

Bread & Butter Pudding with Cream

**Tea Time (4.30pm)**

Chicken Goujons with Beans or Salad

Followed by Choux Buns

Sunday

**Lunch Time (12.30)**

Roast Lamb or Beef Sunday Dinner with Yorkshire Pudding

Followed by Trifle

**Tea Time (4.30pm)**

Spring Vegetable Soup & Mixed Sandwiches or Ploughman's Lunch

Followed by Chocolate Roulade

Daily Meal Alternatives...

Choice of sandwich, omelette, selection of patés, choice of salad or jacket potato with filling. Hot Option: bacon, egg, sausage, beans and chips. Cheese, beans, spaghetti hoops, ravioli on toast. There will be a diabetic sweet option plus a selection of fresh fruit or ice-cream